

PARENT WORKSHOP



Who We Are and What We Offer

Inner Wings is a charitable foundation whose mission is to build confidence in children aged 6-12. Our free school programmes - Finding Your Superpower and Finding Your Voice - help primary-aged children to develop a growth mindset, realise their unique potential and improve their public speaking skills. We believe embedding Inner Wings' confidence-building ethos at home as well as at school is key to creating a lasting impact. With our one-hour online Parent Workshop, we will support you in doing just that!

In the Workshop You Will Gain

- A greater understanding of the psychology behind confidence and how to identify challenges with confidence
- Tips and ideas to support your child in building their confidence
- Resources from Inner Wings to support you at home

"I found the workshop thought-provoking and spot-on with regards to topics covered and concerns I'm facing with regards to my two young daughters. I'm really pleased our school will be collaborating with this great Foundation."

- Parent, England

Key Information

- Virtual workshop (via Google Meet)
- Cost: £5 (or free if children are Pupil Premium)
- First Thursday of every month at 12-1pm (GMT)
- Email address to book: contactus@innerwings.org